

## ONE DEGREE. TWO CHOICES.



A Bachelor of Human Kinetics degree may be earned either through a regular, eight-term program of study, or through the twelve-term Co-operative Education Program, which combines classroom and related work term experiences.

Students can specialize in one of two honours Majors: **Sport Management & Leadership** or **Kinesiology - Movement Science**.

## WHAT IS SPORT MANAGEMENT & LEADERSHIP

If your passion is sport, recreation and active living, make an impact in the industry with a degree in Sport Management & Leadership! Our internationally-renowned faculty are certain to provide the experience and networking opportunities for you to become a leader in the sport industry. Common career options for graduates of this program include, but are not limited to, the following:

- ✓ Youth Sport Director
- ✓ Event/Facility Manager
- ✓ Corporate Partnership Manager
- ✓ Sport Journalist/Broadcaster
- ✓ Recreation Coordinator
- ✓ Membership Services Manager
- ✓ Executive Director or CEO
- ✓ General Manager, talent scout, or coach
- ✓ Director of Marketing
- ✓ Elementary or High School Teacher

## WHAT IS KINESIOLOGY - MOVEMENT SCIENCE

Focusing on the “human” in movement and active living, a degree in Kinesiology – Movement Science will provide you with all of the tools to become a leader in health and a variety of other industry sectors. Graduates of this program commonly pursue the following career options, among a variety of others:

- ✓ Physical Therapist
- ✓ Occupational Therapist
- ✓ Chiropractor
- ✓ Naturopathic Doctor
- ✓ Medical Doctor
- ✓ Massage Therapist
- ✓ Fitness & Exercise Prescription Specialist
- ✓ Nutritionist
- ✓ Sport Psychology Consultant
- ✓ Registered Kinesiologist

Please note: Additional education may be required for some careers

### Tips for Success!

- o Get involved in campus groups and activities that interest you.
- o Seek out mentors, whether it's someone who works on campus or in the community. As you grow, look for younger girls who you can mentor.
- o Gain practical experience through co-op and internship placements and/or study abroad.
- o Find your passion and run with it!

### Connect with us!

Email: [hk@uwindsor.ca](mailto:hk@uwindsor.ca)

Website: [www.uwindsor.ca/kinesiology](http://www.uwindsor.ca/kinesiology)